

Day 1

Gloucestershire Rape & Sexual Abuse Centre Volunteer Training

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AIM

To Know what is meant by the term 'sexual violence and abuse', and understand the societal issues.

OBJECTIVES

- To understand the different types of sexual violence and where they take place
- To learn about statistics relating to sexual violence in order to have a better understanding of the severity of the crime and the poor recognition surrounding it
- To begin to reflect on own feelings towards the different forms of sexual violence and the effects on own life
- To begin to explore active listening

ACTIVITY

Types of sexual
violence and where
do they happen?

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- **Criminal Offences**
 - * Rape
 - * Sexual assault
 - * Childhood Sexual Abuse
 - * Child Sexual Exploitation
 - * Trafficking for the purpose of sexual exploitation
 - * Forced prostitution
 - * Sexting*
 - * Revenge porn
 - * Up skirting
 - * Causing a person to engage in sexual activity without consent

Non-Criminal Offences


- * “Catcalling” and other unwanted intrusive comments
- * Obscene or suggestive gestures
- * Discussing or commenting on someone’s physical appearance, sexual behavior or sexuality
- * Unsolicited sexual images (aka ‘dick pic’)
- * Display of sexualized materials in a context where they wouldn’t be expected.



Break

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ACTIVITY
Sexual violence
statistics exercise

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Rape Myth or Reality?

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ACTIVITY
Effects on survivors

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Imagine...

You need to tell somebody something really personal; what would you need from them to feel safe and believed?

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Next week's role
play

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Thank you

Any questions?

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