

Day 1
Module 1

Gloucestershire Rape & Sexual Abuse Centre Volunteer Training



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RAPE AND
SEXUAL ABUSE CENTRE
GLOUCESTERSHIRE

AIM:

To introduce participants to each other, the organisation and the training programme.

OBJECTIVES

- To agree ground rules for the group and start to develop a safe space to work within
- To begin to get to know participants
- To understand the assessment system, criteria for success, support available, portfolios and deadlines for submission.
- To understand the history of the rape crisis movement and Gloucestershire rape and sexual abuse centre
- To gain knowledge of the aims, principles and ethos of GRASAC
- To begin to explore the language of sexual violence
- To begin to reflect on own beliefs and attitudes

Accredited training programme

Level 2

Understanding and Working
with Sexual Violence

- Criteria
- Observations
- Reflective learning logs
- Written assignments
- Deadlines
- Portfolio
- GRASAC Support / Resources
- Certification



Ground Rules

Over to you...

Ground Rules:

Confidentiality

Listening

Giving Space

Respecting differences

Challenging (Positively & respectfully, no personally)

Responsibility for learning

Timekeeping

Phones – on silent

Be human

Seek our support if needed

Mission Statement

Gloucestershire Rape and Sexual Abuse Centre believes every person should be free from sexual violence.

We are committed to support, respect and empower survivors of rape and sexual abuse, regardless of race, ethnicity, sexuality, age and other discriminatory factors.

Gloucestershire Rape and Sexual Abuse Centre aims to support women and girls to understand and manage the effects of their experiences of sexual violence.

We are also committed to working with partner agencies to raise public awareness of the issues of sexual violence in order to reduce the incidence.

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GRASAC Values

- Equality
- Respect
- Transparency
- Choice
- Quality

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GRASAC Services

- Telephone Helpline
- Ongoing phone support
- Face to face support
- Anonymous Email support
- ISVA service
- Raising awareness campaigns
- Fundraising
- Groups - Friendship, Family, Art, Art for over 55's, Power Program, Hope and Cope.

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Our Current Policies

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Priority Policies

- Health & Safety
- Data Protection
- Boundaries
- Safeguarding Adults
- Safeguarding Children
- Confidentiality



Other policies to be aware of...

- Volunteer recruitment
- Volunteer Training & Induction
- Support & Supervision
- Training & Development
- Staff recruitment
- Staff appraisal
- Whistle blowing
- Grievance
- Disciplinary
- Complaints
- Bullying & Harassment
- Capability
- Code of conduct
- Finance
- Expenses
- Confidentiality
- Lone working
- External referrals
- Environmental
- Case Management

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**Thank you any
questions?**



Break